



ABRA-KID-ABRA WINNERS AREN'T USERS

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FOR TEACHERS

ACTIVITIES:

1. Ask students to bring old magazines or clean, empty containers to school. In the classroom, ask students to cut out pictures of food, medicines, household products, and drugs. Have students place their picture or container under the correct category (harmful or helpful) and tell why they chose the category they did. Are there other items they can think of to add to this list?
2. Explain that all medicines and drugs change the way the body (person) feels or acts. Explain that medicines and drugs can help or hurt you. Discuss the importance of and reason for taking medicines and other substances only from a trusted adult.
3. Locate various areas on a body chart that are affected by drug use and discuss what can happen. Ask if any of the students have ever had medicine make them well (helpful) or cause an sick (harmful). Discuss how his/her body felt or acted at these times.

CLOSURE:

- During the discussion, did students verbalize the difference between "helpful" and "harmful" drugs?
- Focus on importance of students making good decisions, staying healthy, and safe.
- Talk about who are some trusted adults authorized by your parents to give you medicines. Discuss who cannot give you medicines? (Strangers, peers)?
- Review the 4 steps of the Magic Word – 1. NO!, 2. GO!, 3. YELL!, 4. TELL!

VOCABULARY:

Some good discussion words are:

Helpful/Harmful

Allergic

Substances

Supervision

Household Products

Over-the counter

Prescription

TEACHER TIPS:

- Provide additional pictures or containers of items to categorize (those that students may not consider) as harmful or helpful.
- Emphasize that most people do not use drugs, including alcohol or tobacco. Children often believe that "everyone" uses drugs. Keep information simple and direct.
- Don't get sidetracked with lots of street names or "stories" students want to share.

LETTER TO PARENTS REQUESTING ASSISTANCE

Dear Parent/Guardian,

As part of our Drug Awareness Education, your child's class is studying medicines, household products, other drugs, and what is helpful or harmful to the body.

Our class is in need of pictures and/or *clean, empty* containers of food, household cleaning products, over-the-counter medicines, and any other items that are considered "safe or unsafe" for children to consume. With your permission, your child can find and cut pictures of these items from old magazines or newspapers and bring them to school for our activity. Please remember if you are sending any containers, make certain they are *clean and empty*. If you prefer, we will gladly accept old magazines for the children to use during class time for this lesson.

We will need the pictures or containers by (date).

Thank you for your assistance in this activity and for helping to reinforce what your child is learning in the classroom.

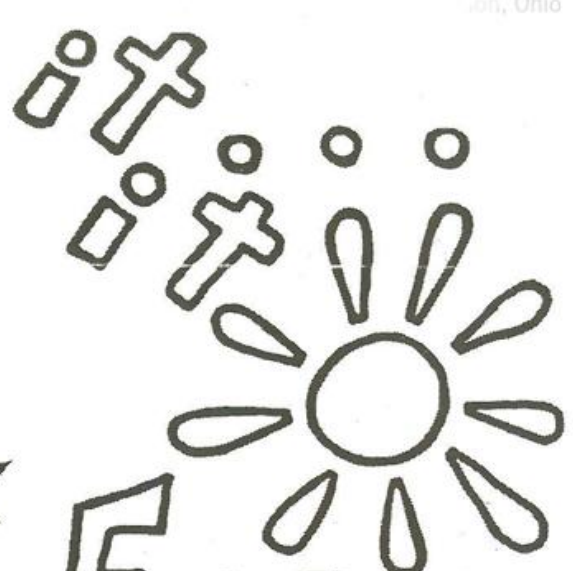
Sincerely,

The Teacher

HELPFUL OR HARMFUL?

Aspirin	Bleach	Alcohol (beer, wine, liquor, etc.)	Vegetables
Dish Soap	Vitamins	Nicotine (cigarettes, cigars, smokeless tobacco)	Cleanser (Comet, etc.)
Cough Syrup	Tylenol	Marijuana	
Ice Cream	Fruit	Shampoo	
Furniture Polish	Decongestants (Sudafed, etc.)		
Calamine Lotion	Bug Spray		

Dream Be it



Drug

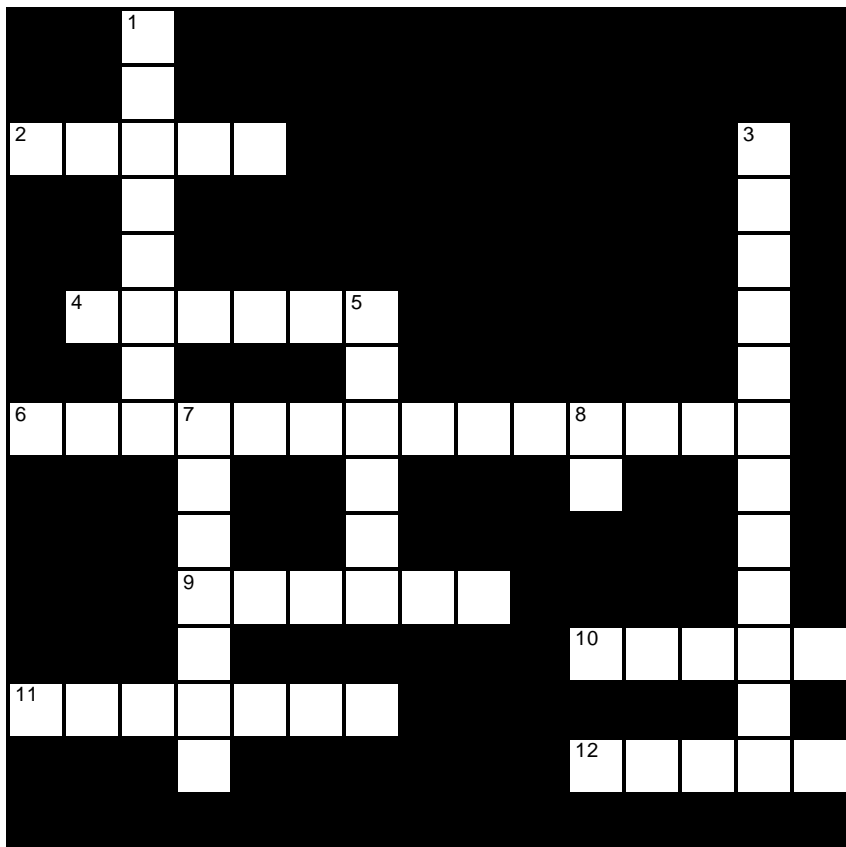
Free



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Sign

ABRA-KID-ABRA WINNERS AREN'T USERS Puzzles



Across

- 2. Who to find if you are feeling unsafe
- 4. Someone who would never tell you to use drugs
- 6. Legal drugs you can buy without a prescription
- 9. Another word for drugs
- 10. What you get from using drugs over and over
- 11. Everyone is.....
- 12. If anyone tells you illegal drugs are good for you they are....

Down

- 1. To be a winner you must be
- 3. What a doctor gives you to get the medicine you need
- 5. If you don't use drugs you can achieve your.....
- 7. When you abuse drugs you lose.....
- 8. The magic word



**THERE ARE 13
RED RIBBON
WORDS HIDDEN
IN THE WORD
FINDER....CAN
YOU FIND THEM
ALL?**

**ABRA-KID-ABRA
WINNERS AREN'T USERS
Solutions**

